



# 2019-2020 Team Packet



## **The Encore Gym Philosophy**

Gymnastics demands total dedication, commitment, and desire to be the best you can be. Here at Encore Gym, we take our responsibility toward your child and their overall development very seriously. We take all possible precautions to ensure the safety of each child. We believe in developing a gymnast through perfecting gymnastic “basics”, training skills by means of drills and progressions, physical conditioning/flexibility, and positive reinforcement. We work hard to ensure that our gymnasts build healthy attitudes about themselves, their teammates, and their gymnastics experience. They will never be asked to perform a skill they are not yet capable of completing safely because the safety of our gymnasts is always our first and foremost concern.

## **Absences**

Please let both your team coach and the office know in advance if your gymnast will be missing any practice sessions. In case of last minute illness or emergency, please call the gym to let us know that your child will not be at practice that day. Attendance is EXTREMELY important in this team atmosphere and is one of the key factors in improvement. Make-ups are not offered for missed team practices. Due to safety concerns, if your gymnast misses the final practice before a performance, it will be up to the coach’s discretion to determine whether the gymnast will be permitted to participate in the performance. If your gymnast misses more than 20% of their scheduled team practices, we will have no choice but to move them to a different team so that they can meet our attendance requirements.

## **Tuition**

Tuition for team is based on Encore’s current hourly rates which are available upon request from the front office staff. All team members are **required** to maintain enrollment in a skills-based class in addition to their team practice. If a gymnast has an injury or illness which forces them to be out for an extended period of time (1 month or more), special arrangements may be made; please contact Accounts Receivable at the Encore Offices to discuss.

## **Leotard/Costume/Shoes**

A Black Encore Leotard/Shirt and the teams chosen costumes will be required for all team members. These will be worn at all demonstrations/performances.

All team members must have black acro shoes. (Which can be purchased at the front desk) Be sure to wear your acro shoes to practices

## **Forms/Handouts**

We will keep the website updated with the most current information, but please be sure to read through any flyers or forms that your gymnast may bring home and return them completed on time. Please be diligent. Our primary form of communication will be email, so make sure we have your family's current email address on file at all times and add these two emails to your contacts: [office@encoregym.com](mailto:office@encoregym.com) and [encoregymteams@gmail.com](mailto:encoregymteams@gmail.com). You can also log onto the [encoregym.com](http://encoregym.com) Parent Portal to review any emails that we have sent to you in the past 180 days.

## **Advancing Teams**

A frequent question is, "When will my child move up?" There are many different factors that go into determining when or if a gymnast will move to the next level team. First and foremost, we always want to be sure that the move is going to be in the best interest of the child. Moving kids prematurely often results in the child feeling frustrated, afraid, or inadequate and usually causes them to drop from show team altogether. We want to make sure that the gymnast is both physically ready and emotionally ready for the challenge. For example, we wouldn't move a Top who is afraid of heights to a position where we would be asking them to be atop a three-high.

Another important factor is "Which position are we trying to fill?" If we have an opening for a Base on a team, we will be looking for a Base to fill the spot who is compatible in size and strength to the Base we are replacing. If no Tops have moved from a team, then we wouldn't have room on the team to promote other Tops.

We understand that not moving up can sometimes be frustrating to a gymnast, but we always want to encourage them to continue on for the season. Sometimes we will do a mid-season move up if a space becomes available. When that happens, we would give priority consideration to the kids who are on team and have been committed during the season.

## **Class Attire**

- There will be absolutely no jewelry allowed at any time. An exception will be made for medical alert bracelets only.
- Hair must to be worn completely up.
- Girls: Wear a leotard to class. Spandex shorts may be worn over your leotard.
- No baggy pants/shirts or sweatshirts.
- Acro shoes required.
- Maintain the length of your finger and toenails. In this class we will be doing a lot of “stunting” in which you will be supporting others with your hands. No acrylic or “fake” nails are permitted, for your safety and for the safety of others.
- Boys: Wear tightly fitting shirts. If you wear a t-shirt you will be asked to tuck it in.
- All girls need to own a black Encore leotard, and boys need a black Encore t-shirt as we will be using those for our first 2 performances.

## **Performances**

- All team members are required to attend all performances in which their team is participating.
- If you are unable to attend a performance you must notify your coach immediately.
- Always wear your warm-ups or sweatshirt, and bring your bag to performances.
- No jewelry is to be worn.
- Be sure you are on time. Early is better.
- Keep good communication with your coaches about absences and prior commitments.
- Always be ready when you arrive.

## **End of the season**

At the end of the season, you will be notified if your child will be moving teams. If you have not heard from a Encore team coach then your child's schedule will stay the same. If you do not plan on continuing the new season, then written drop notice must be submitted to the office before the 24th of the month, in compliance with EncoreGym’s standard withdrawal policies.

All team athletes will be required to pay a \$250 non-refundable participation fee for this season. The benefits of this fee will run from August 2019 to July 2020. This charge will be included with your monthly tuition payment on August 26. By enrolling or remaining enrolled on a team you agree to this charge. This non-refundable fee will be charged to each athlete regardless of level of participation. No partial fee or discounts based on attendance will be given for any reason.

This fee comprises:

*Attire: 2019-2020 season's costume (any athlete on more than one team will be required to pay for any additional costumes)*

- Costumes for season
- Team leo for girls Compression Shirt for boys
- End of season BBQ/ Awards
- USAG membership. Required for gymnasts can perform at sanctioned events
- Tuition for students at extra practice
- Staffing for extra practices
- Coaches' fees for events & staffing at events
- Team photo
- 10% off acro shoes

What's in it for me?

- No unexpected charges on your account for events, costumes, or memberships
- One-time fee allows for easier planning

If your child changes teams mid-season, you will not be required to purchase a new costume or pay an additional fee, but you will be asked to return any costumes already issued.

What is not included?

- Admission to events for spectators
- Globetrotters or other game tickets for athletes and/or spectators
- Team bag, or warm-ups
- National GymFest expenses, including travel
- Tuition
- Additional costume for those athletes participating in more than one team